






















PHASE I					PHASE II					
NEW CADETS START HERE	ACHIEVEMENT 1	ACHIEVEMENT 2	ACHIEVEMENT 3	WRIGHT BROS. AWARD	ACHIEVEMENT 4	ACHIEVEMENT 5	ACHIEVEMENT 6	ACHIEVEMENT 7	ACHIEVEMENT 8	BILLY MITCHELL AWARD
TRIAL PERIOD										
Prospective cadets must attend three meetings before the commander approves their membership application. Training begins right away using <i>Cadet Great Start</i> . The <i>Cadet Welcome Course</i> should be completed as soon as practical after joining. The New Cadet Kit arrives at the cadet's home about two weeks after joining.	<b>MAJOR GENERAL JOHN F. CURRY</b> First National Commander of the Civil Air Patrol and a strong advocate for female aviators	<b>GENERAL OF THE AIR FORCE HAP ARNOLD</b> Commanding general of U.S. Army Air Forces during World War II	<b>COLONEL MARY FEIK</b> Pioneer in the fields of aviation mechanics and engineering, and proud CAP volunteer	<b>ORVILLE &amp; WILBUR WRIGHT</b> First men to achieve powered, controlled, sustained, heavier-than-air flight	<b>CAPTAIN EDDIE RICKENBACKER</b> America's "Ace of Aces" during World War I; he wanted CAP cadets to know him as "Eddie"	<i>Currently not named; reserved for a future aerospace pioneer</i>	<b>GENERAL JIMMY DOOLITTLE</b> Pioneer in aeronautical engineering and leader of the World War II air raid on Tokyo	<b>DR. ROBERT H. GODDARD</b> The "Father of Modern Rocketry" and developer of the first liquid-fueled rocket	<b>NEIL ARMSTRONG</b> First man to set foot on the Moon, aboard Apollo 11 on July 20, 1969 – "One giant leap for mankind"	<b>BRIGADIER GENERAL BILLY MITCHELL</b> America's first vocal advocate for military airpower, he proved the airplane could sink ships

CADET AIRMAN BASIC	CADET AIRMAN	CADET AIRMAN FIRST CLASS	CADET SENIOR AIRMAN	CADET STAFF SERGEANT	CADET TECHNICAL SERGEANT	CADET MASTER SERGEANT	CADET SENIOR MASTER SERGEANT	CADET CHIEF MASTER SERGEANT	CADET CHIEF MASTER SERGEANT	CADET SECOND LIEUTENANT
	<i>Eligible for the Curry Uniform Voucher upon promotion to C/Amm</i>									<i>Eligible for scholarships, Cadet Officer School and Civic Leadership Academy; eligible for E-3 in the USAF; eligible for promotion to 2d Lt as a senior member at age 21</i>
										
										

PROMOTION ELIGIBILITY REQUIREMENTS										
LEADERSHIP	<i>Learn to Lead</i> ch. 1 <i>Cadet Interactive</i> or Open-Book Test  Drill & Ceremonies Performance Test	<i>Learn to Lead</i> ch. 2 <i>Cadet Interactive</i> or Open-Book Test  Drill & Ceremonies Performance Test	<i>Learn to Lead</i> ch. 3 <i>Cadet Interactive</i> or Open-Book Test  Drill & Ceremonies Performance Test	<i>Learn to Lead</i> ch. 1-3 Comprehensive Closed-Book Exam  Comprehensive Drill & Ceremonies Performance Test	<i>Learn to Lead</i> ch. 4 <i>Cadet Interactive</i> or Open-Book Test  Drill & Ceremonies Performance Test	<i>Learn to Lead</i> ch. 5 <i>Cadet Interactive</i> or Open-Book Test  Drill & Ceremonies Performance Test	<i>Learn to Lead</i> ch. 6 <i>Cadet Interactive</i> or Open-Book Test  Drill & Ceremonies Performance Test	<i>Learn to Lead</i> ch. 7 <i>Cadet Interactive</i> or Open-Book Test  Drill & Ceremonies Performance Test	<i>Learn to Lead</i> ch. 8 <i>Cadet Interactive</i> or Open-Book Test  Drill & Ceremonies Performance Test  Speech & Essay	<i>Learn to Lead</i> ch. 4-8 Comprehensive Closed-Book Exam
AEROSPACE	No Requirement	<i>Aerospace Dimensions</i> Any Module <i>Cadet Interactive</i> or Open-Book Test	<i>Aerospace Dimensions</i> Any Module <i>Cadet Interactive</i> or Open-Book Test	No Requirement	<i>Aerospace Dimensions</i> Any Module <i>Cadet Interactive</i> or Open-Book Test	<i>Aerospace Dimensions</i> Any Module <i>Cadet Interactive</i> or Open-Book Test	<i>Aerospace Dimensions</i> Any Module <i>Cadet Interactive</i> or Open-Book Test	<i>Aerospace Dimensions</i> Any Module <i>Cadet Interactive</i> or Open-Book Test	<i>Aerospace Dimensions</i> Any Module <i>Cadet Interactive</i> or Open-Book Test	<i>Aerospace Dimensions</i> <b>Modules 1-7</b> Comprehensive Closed-Book Exam
FITNESS	Attempt CPFT as a baseline	Participate in 1 Activity & Have Attempted CPFT in Previous 180 days	Participate in 1 Activity & Have Attempted CPFT in Previous 180 days	Participate in 1 Activity & Have Attained HFZ in Previous 180 days	Participate in 1 Activity & Have Attained HFZ in Previous 180 days	Participate in 1 Activity & Have Attained HFZ in Previous 180 days	Participate in 1 Activity & Have Attained HFZ in Previous 180 days	Participate in 1 Activity & Have Attained HFZ in Previous 180 days	Participate in 1 Activity & Have Attained HFZ in Previous 180 days	Participate in 1 Activity & Have Attained HFZ in Previous 180 days
CHARACTER	<i>Cadet Wingman Course</i>	Participate in 1 Activity	Participate in 1 Activity	No Requirement	Participate in 1 Activity	Participate in 1 Activity	Participate in 1 Activity	Participate in 1 Activity	Participate in 1 Activity	No Requirement
SPECIAL	<i>Cadet Welcome Course</i> <i>Cadet Interactive</i> or class									Graduate Encampment (anytime prior)

PRESIDENTIAL YOUTH FITNESS PROGRAM – HEALTHY FITNESS ZONE (HFZ) STANDARDS																		
				RUN EITHER														
Fitness training and acclimation period No CPFT performance standards				PACER (20m laps)										1-MILE RUN				
				AGE	10	11	12	13	14	15	16	17	18+	10	11	12	13	14
				MALE	17	20	23	29	36	42	47	50	54	11:30	11:10	10:40	9:46	9:22
				FEMALE	17	20	23	25	27	30	32	35	38	11:30	11:10	10:40	10:20	10:09

LEADERSHIP EXPECTATIONS		Squadrons provide a feedback meeting using the CAPF 60-90 series forms at least once per Phase									
ATTITUDE	Displays a positive attitude; optimistic; enthusiastic; is team-oriented	Maintains a positive attitude and encourages good attitudes in others; does not flaunt rank or authority									
CORE VALUES	Aware of the Core Values; honest; wears uniform properly; practices customs and courtesies	Displays a commitment to the Core Values; promotes team spirit, professionalism, and good sportsmanship as a team leader									
COMMUNICATION SKILLS	Listens actively; attentive; asks good questions	Proficient in informal public speaking (i.e., in giving directions to and training junior cadets)									
SENSE OF RESPONSIBILITY	Follows directions; dependable; arrives ready to learn and serve; effective in managing own time	Enforces standards; trustworthy in supervising a small team and leading them in fulfillment of a series of simple tasks; given a plan, is able to carry it out									
INTERPERSONAL SKILLS											
CRITICAL THINKING											
DELEGATION SKILLS		Guides and coaches junior cadets; recognizes when junior cadets need help; leads by example; is not a "boss"									

ELIGIBLE DUTY ASSIGNMENTS partial list										
←----- CADET ELEMENT LEADER -----→					←----- CADET FLIGHT SERGEANT -----→					
					←----- CADET FIRST SERGEANT -----→					
					←----- CADET FLIGHT COMMANDER -----→					

MINIMUM TIME IN GRADE excluding accelerated promotions for JROTC cadets										
3-week trial period <i>Example:</i> Dec '22 Cadet joins CAP	Upon Joining Jan '23	+ 8 weeks Mar '23	+ 8 weeks May '23	+ 8 weeks Jul '23	+ 8 weeks Sep '23	+ 8 weeks Nov '23	+ 8 weeks Jan '24	+ 8 weeks Mar '24	+ 8 weeks May '24	+ 8 weeks Jul '24
					6 months to Wright Bros.					
										18 months to Mitchell Award



# CHART



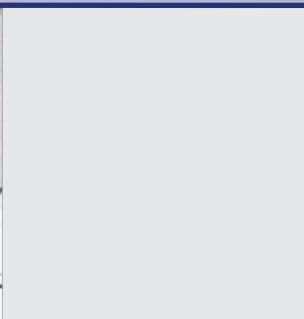

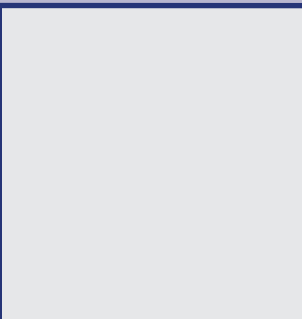
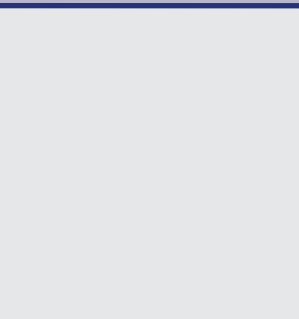


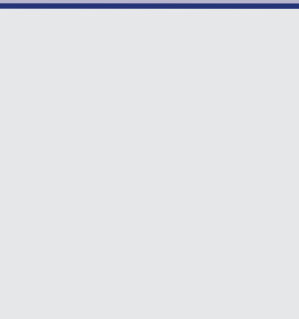

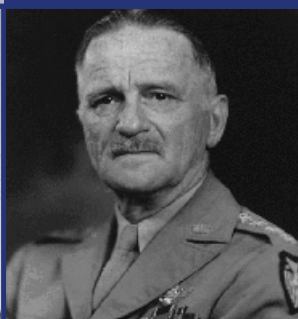









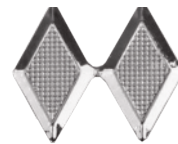
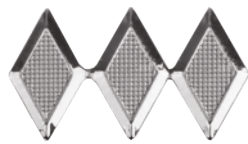





**CAP Visual Aid 60-100 May 2023**

The only updates for this edition concern CAP branding. The October 2021 edition remains usable.

This document is available as a 2' x 3' poster via eServices. For self-printing on two letter-size sheets, see [GoCivilAirPatrol.com/Library](http://GoCivilAirPatrol.com/Library).

See a web-based version of this chart at [GoCivilAirPatrol.com/Ranks](http://GoCivilAirPatrol.com/Ranks)

For full details on all requirements shown here, see CAPR 60-1, ch. 5.

PHASE III										PHASE IV										GENERAL CARL A. SPAATZ AWARD																																																																																									
ACHIEVEMENT 9			ACHIEVEMENT 10			ACHIEVEMENT 11			AMELIA EARHART AWARD			ACHIEVEMENT 12			ACHIEVEMENT 13			ACHIEVEMENT 14			ACHIEVEMENT 15			ACHIEVEMENT 16			IRA EAKER AWARD			GENERAL CARL A. SPAATZ AWARD																																																																															
																																																																																																													
Currently not named; reserved for a future aerospace pioneer			1ST LT WILLA BROWN "Maker of Pilots" and CAP volunteer, her flight school trained the first African-American military pilots			Currently not named; Reserved for a future aerospace pioneer			AMELIA EARHART Record-setting female pilot and writer whom was lost while attempting to fly around the world			Currently not named; reserved for a future aerospace pioneer			Currently not named; reserved for a future aerospace pioneer			COLONEL GEORGE BOYD Tuskegee Airman, one of the first African-American USAF officers, veteran of three wars, CAP volunteer			DR. SALLY RIDE Astrophysicist and first US woman in space who later became a champion of science literacy			Currently not named; reserved for a future aerospace pioneer			GENERAL IRA C. EAKER Army Air Forces general and advocate of strategic bombardment during World War II			GENERAL CARL A. SPAATZ First Chief of Staff of the United States Air Force and first Chairman of the CAP National Board																																																																															
CADET SECOND LIEUTENANT			CADET FIRST LIEUTENANT			CADET FIRST LIEUTENANT			CADET CAPTAIN <small>Eligible for the International Air Cadet Exchange; eligible for promotion to 1st Lt at age 21</small>			CADET CAPTAIN			CADET CAPTAIN			CADET MAJOR			CADET MAJOR			CADET MAJOR			CADET LIEUTENANT COLONEL			CADET COLONEL <small>Eligible for promotion to Capt at age 21</small>																																																																															
																																																																																																													
No Ribbon Awarded			No Ribbon Awarded			No Ribbon Awarded						No Ribbon Awarded			No Ribbon Awarded			No Ribbon Awarded			No Ribbon Awarded			No Ribbon Awarded																																																																																					
<b>Learn to Lead ch. 9</b> <i>Cadet Interactive</i> or Open-Book Test			<b>Learn to Lead ch. 10</b> <i>Cadet Interactive</i> or Open-Book Test			<b>Learn to Lead ch. 11</b> <i>Cadet Interactive</i> or Open-Book Test			<b>Learn to Lead ch. 9-11</b> Comprehensive Closed-Book Exam			<b>Learn to Lead ch. 12</b> Open-Book Test			<b>Learn to Lead ch. 13</b> Open-Book Test			<b>Learn to Lead ch. 14</b> Open-Book Test			<b>Learn to Lead ch. 15</b> Open-Book Test			<b>Learn to Lead ch. 16</b> Open-Book Test			Speech & Essay			<b>Learn to Lead ch. 1-16</b> Comprehensive Closed-Book Exam																																																																															
SDA Service, Writing & Presentation			SDA Service, Writing & Presentation			SDA Service, Writing & Presentation						SDA Service, Writing & Presentation			SDA Service, Writing & Presentation			SDA Service, Writing & Presentation			SDA Service, Writing & Presentation			SDA Service, Writing & Presentation																																																																																					
<b>Aerospace: The Journey of Flight</b> 3-Chapter Block Open-Book Test			<b>Aerospace: The Journey of Flight</b> 3-Chapter Block Open-Book Test			<b>Aerospace: The Journey of Flight</b> 3-Chapter Block Open-Book Test			No Requirement			No Requirement			No Requirement			<b>Aerospace: The Journey of Flight</b> 3-Chapter Block Open-Book Test			<b>Aerospace: The Journey of Flight</b> 3-Chapter Block Open-Book Test			<b>Aerospace: The Journey of Flight</b> 3-Chapter Block Open-Book Test			No Requirement			<b>Journey of Flight</b> All 18 Chapters Comprehensive Closed-Book Exam																																																																															
Participate in 1 Activity & Have Attained HFZ in Previous 180 days			Participate in 1 Activity & Have Attained HFZ in Previous 180 days			Participate in 1 Activity & Have Attained HFZ in Previous 180 days			Participate in 1 Activity & Have Attained HFZ in Previous 180 days			Participate in 1 Activity & Have Attained HFZ in Previous 180 days			Participate in 1 Activity & Have Attained HFZ in Previous 180 days			Participate in 1 Activity & Have Attained HFZ in Previous 180 days			Participate in 1 Activity & Have Attained HFZ in Previous 180 days			Participate in 1 Activity & Have Attained HFZ in Previous 180 days			USAF Academy Candidate Fitness Assessment																																																																																		
Participate in 1 Activity			Participate in 1 Activity			Participate in 1 Activity			No Requirement			Participate in 1 Activity			Participate in 1 Activity			Participate in 1 Activity			Participate in 1 Activity			Participate in 1 Activity			No Requirement			Essay Exam																																																																															
NOTE: Phase III & IV Kit ships to cadet within 3 weeks of earning Mitchell																		NOTE: Begin training for Spaatz Fitness Test												NOTE: USAFA & PYFP test protocols differ greatly																																																																															
										PLUS 2 of 3																				USAFA CANDIDATE FITNESS ASSESSMENT																																																																															
CURL-UPS										PUSH-UPS										SIT & REACH (avg. inches)																																																																																									
10	11	12	13	14	15	16	17	18+	10	11	12	13	14	15	16	17	18+	10	11	12	13	14	15	16	17	18+	SIT-UPS	M	F																																																																																
12	15	18	21	24	24	24	24	24	7	8	10	12	14	16	18	18	18	8	8	8	8	8	8	8	8	8	8	81	78																																																																																
12	15	18	18	18	18	18	18	18	7	7	7	7	7	7	7	7	7	9	10	10	10	10	10	12	12	12	12	62	41																																																																																
																														MILE RUN			6:29	7:30																																																																											
Conscious of own performance; takes initiative to develop new skills; self-motivated and able to motivate others										Resilient; shows mental discipline in working to achieve long-term goals; welcoming of change; has habit of continual self-improvement																																																																																																			
Fair, just, and consistent in dealing with subordinates; exercises good judgment in knowing which matters should be referred up the chain										Uses empathy; recognizes how Core Values relate to new and unfamiliar situations; makes sound and timely decisions independently																																																																																																			
Writes and speaks clearly; presents ideas logically; wins through persuasion										Articulate; succinct; persuasive; varies message to fit audience; proficient in explaining complex issues																																																																																																			
Given an assignment, takes project from beginning to end; develops goals, plans, standards, and follows through in execution; demonstrates sense of ownership										Completes large projects with little supervision; follows and sets a command intent; self-starter																																																																																																			
Actively mentors NCOs; resolves conflicts fairly; criticizes constructively; dissents respectfully when disagreeing with superiors										Actively develops and mentors cadet officers; adapts leadership style to fit situation; calm under pressure																																																																																																			
Thinks in advance and plans ahead to meet the unit's short-term needs; imaginative and not tied to old ideas										Sets long-term goals for the unit; imaginative and visionary; recognizes unit's long-term needs; mentally agile when faced with unfamiliar problems																																																																																																			
Delegates routine tasks effectively and works through NCOs; keeps people informed; makes expectations clear; supervises work of other leaders										Directs multiple teams and manages multiple tasks; assigns people to right jobs; delegates well and enables others to take charge																																																																																																			
UNDER										CADET DEPUTY COMMANDER										CADET COMMANDER																																																																																									
+ 8 weeks Sep '24										+ 8 weeks Nov '24										+ 8 weeks Jan '25										+ 8 weeks Mar '25										+ 8 weeks May '25										+ 8 weeks Jul '25										+ 8 weeks Sep '25										+ 8 weeks Nov '25										+ 8 weeks Jan '26										+ 8 weeks Mar '26										Upon earning Eaker Mar '26									
to Mitchell										26 months to Earhart																				38 mos. to Eaker										38 mos. to Spaatz																																																																					