TEAM LEADERSHIP PROBLEM 2. TIME FOR THE SHOE

Theme: Icebreakers Estimated Time: 25-30 minutes Resources Required: None

Activity Description and Step-by-Step Instructions:

A good way to break the ice with a group is to place everyone in the same situation and have them try to solve the matter together.

Instruct everyone to take off one shoe and to line them up against a wall. Then have everyone sit back down. State that this is a silent exercise. Then instruct one person at a time to go up to the line of shoes and pick a shoe that is not theirs and try to match it with the owner. After everyone has the opportunity to try to correctly match the shoes, ask the group if they were successful. If not, repeat until all shoes match. {Watch for non-verbal clues that the students give throughout}.

Discussion Questions:

What did we just do? What did you learn? What were some leadership concepts learned from this exercise? How can these leadership concepts be applied to outside this activity?