



CADET SUPER CHART

CAP Visual Aid 60-100 May 2023

The only updates for this edition concern CAP branding. The October 2021 edition remains usable. This document is available as a 2' x 3' poster via eServices. For self-printing on two letter-size sheets, see GoCivilAirPatrol.com/Library. See a web-based version of this chart at GoCivilAirPatrol.com/Ranks. For full details on all requirements shown here, see CAPR 60-1, ch. 5.

PHASE I					PHASE II					PHASE III					PHASE IV					GENERAL CARL A. SPAATZ AWARD				
NEW CADETS START HERE	ACHIEVEMENT 1	ACHIEVEMENT 2	ACHIEVEMENT 3	WRIGHT BROS. AWARD	ACHIEVEMENT 4	ACHIEVEMENT 5	ACHIEVEMENT 6	ACHIEVEMENT 7	ACHIEVEMENT 8	BILLY MITCHELL AWARD	ACHIEVEMENT 9	ACHIEVEMENT 10	ACHIEVEMENT 11	AMELIA EARHART AWARD	ACHIEVEMENT 12	ACHIEVEMENT 13	ACHIEVEMENT 14	ACHIEVEMENT 15	ACHIEVEMENT 16	IRA EAKER AWARD				
TRIAL PERIOD Prospective cadets must attend three meetings before the commander approves their membership application. Training begins right away using Cadet Great Start. The Cadet Welcome Course should be completed as soon as practical after joining. The New Cadet Kit arrives at the cadet's home about two weeks after joining.	 MAJOR GENERAL JOHN F. CURRY First National Commander of the Civil Air Patrol and a strong advocate for female aviators	 GENERAL HAP ARNOLD Commanding general of U.S. Army Air Forces during World War II	 COLONEL MARY FEIK Pioneer in the fields of aviation mechanics and engineering, and proud CAP volunteer	 ORVILLE & WILBUR WRIGHT First men to achieve powered, controlled, sustained, heavier-than-air flight	 CAPTAIN EDDIE RICKENBACKER America's "Ace of Aces" during World War I; he wanted CAP cadets to know him as "Eddie"	 GENERAL JIMMY DOOLITTLE Currently not named; reserved for a future aerospace pioneer	 DR. ROBERT H. GODDARD The "Father of Modern Rocketry" and developer of the first liquid-fueled rocket	 NEIL ARMSTRONG First man to set foot on the Moon, aboard Apollo 11 on July 20, 1969 - "One giant leap for mankind"	 BRIGADIER GENERAL BILLY MITCHELL America's first vocal advocate for military airpower; he proved the airplane could sink ships		 1ST LT WILLA BROWN Currently not named; reserved for a future aerospace pioneer	 AMELIA EARHART Record-setting female pilot and writer whom was lost while attempting to fly around the world			 COLONEL GEORGE BOYD Currently not named; reserved for a future aerospace pioneer	 DR. SALLY RIDE Astrophysicist and first US woman in space who later became a champion of science literacy	 GENERAL IRA C. EAKER Currently not named; reserved for a future aerospace pioneer	 GENERAL CARL A. SPAATZ First Chief of Staff of the United States Air Force and first Chairman of the CAP National Board						
GRADE, INSIGNIA, & AWARDS																								
CADET AIRMAN BASIC	CADET AIRMAN	CADET AIRMAN FIRST CLASS	CADET SENIOR AIRMAN	CADET STAFF SERGEANT	CADET TECHNICAL SERGEANT	CADET MASTER SERGEANT	CADET SENIOR MASTER SERGEANT	CADET CHIEF MASTER SERGEANT	CADET CHIEF MASTER SERGEANT	CADET SECOND LIEUTENANT	CADET SECOND LIEUTENANT	CADET FIRST LIEUTENANT	CADET FIRST LIEUTENANT	CADET CAPTAIN	CADET CAPTAIN	CADET CAPTAIN	CADET MAJOR	CADET MAJOR	CADET MAJOR	CADET LIEUTENANT COLONEL	CADET COLONEL			
PROMOTION ELIGIBILITY REQUIREMENTS																								
LEADERSHIP	Learn to Lead ch. 1 Cadet Interactive or Open-Book Test Drill & Ceremonies Performance Test	Learn to Lead ch. 2 Cadet Interactive or Open-Book Test Drill & Ceremonies Performance Test	Learn to Lead ch. 3 Cadet Interactive or Open-Book Test Drill & Ceremonies Performance Test	Learn to Lead ch. 1-3 Comprehensive Closed-Book Exam Comprehensive Drill & Ceremonies Performance Test	Learn to Lead ch. 4 Cadet Interactive or Open-Book Test Drill & Ceremonies Performance Test	Learn to Lead ch. 5 Cadet Interactive or Open-Book Test Drill & Ceremonies Performance Test	Learn to Lead ch. 6 Cadet Interactive or Open-Book Test Drill & Ceremonies Performance Test	Learn to Lead ch. 7 Cadet Interactive or Open-Book Test Drill & Ceremonies Performance Test	Learn to Lead ch. 8 Cadet Interactive or Open-Book Test Drill & Ceremonies Performance Test Speech & Essay	Learn to Lead ch. 4-8 Comprehensive Closed-Book Exam	Learn to Lead ch. 9 Cadet Interactive or Open-Book Test SDA Service, Writing & Presentation	Learn to Lead ch. 10 Cadet Interactive or Open-Book Test SDA Service, Writing & Presentation	Learn to Lead ch. 11 Cadet Interactive or Open-Book Test SDA Service, Writing & Presentation	Learn to Lead ch. 9-11 Comprehensive Closed-Book Exam	Learn to Lead ch. 12 Open-Book Test SDA Service, Writing & Presentation	Learn to Lead ch. 13 Open-Book Test SDA Service, Writing & Presentation	Learn to Lead ch. 14 Open-Book Test SDA Service, Writing & Presentation	Learn to Lead ch. 15 Open-Book Test SDA Service, Writing & Presentation	Learn to Lead ch. 16 Open-Book Test SDA Service, Writing & Presentation	Speech & Essay	Learn to Lead ch. 1-16 Comprehensive Closed-Book Exam			
AEROSPACE	No Requirement	Aerospace Dimensions Any Module Cadet Interactive or Open-Book Test	Aerospace Dimensions Any Module Cadet Interactive or Open-Book Test	No Requirement	Aerospace Dimensions Any Module Cadet Interactive or Open-Book Test	Aerospace Dimensions Any Module Cadet Interactive or Open-Book Test	Aerospace Dimensions Any Module Cadet Interactive or Open-Book Test	Aerospace Dimensions Any Module Cadet Interactive or Open-Book Test	Aerospace Dimensions Any Module Cadet Interactive or Open-Book Test	Aerospace Dimensions Any Module Cadet Interactive or Open-Book Test	Aerospace: The Journey of Flight 3-Chapter Block Open-Book Test	Aerospace: The Journey of Flight 3-Chapter Block Open-Book Test	Aerospace: The Journey of Flight 3-Chapter Block Open-Book Test	No Requirement	No Requirement	No Requirement	Aerospace: The Journey of Flight 3-Chapter Block Open-Book Test	Aerospace: The Journey of Flight 3-Chapter Block Open-Book Test	Aerospace: The Journey of Flight 3-Chapter Block Open-Book Test	Aerospace: The Journey of Flight 3-Chapter Block Open-Book Test	No Requirement	Journey of Flight All 18 Chapters Comprehensive Closed-Book Exam		
FITNESS	Attempt CPFT as a baseline	Participate in 1 Activity & Have Attempted CPFT in Previous 180 days	Participate in 1 Activity & Have Attempted CPFT in Previous 180 days	Participate in 1 Activity & Have Attained HFZ in Previous 180 days	Participate in 1 Activity & Have Attained HFZ in Previous 180 days	Participate in 1 Activity & Have Attained HFZ in Previous 180 days	Participate in 1 Activity & Have Attained HFZ in Previous 180 days	Participate in 1 Activity & Have Attained HFZ in Previous 180 days	Participate in 1 Activity & Have Attained HFZ in Previous 180 days	Participate in 1 Activity & Have Attained HFZ in Previous 180 days	Participate in 1 Activity & Have Attained HFZ in Previous 180 days	Participate in 1 Activity & Have Attained HFZ in Previous 180 days	Participate in 1 Activity & Have Attained HFZ in Previous 180 days	Participate in 1 Activity & Have Attained HFZ in Previous 180 days	Participate in 1 Activity & Have Attained HFZ in Previous 180 days	Participate in 1 Activity & Have Attained HFZ in Previous 180 days	Participate in 1 Activity & Have Attained HFZ in Previous 180 days	Participate in 1 Activity & Have Attained HFZ in Previous 180 days	Participate in 1 Activity & Have Attained HFZ in Previous 180 days	Participate in 1 Activity & Have Attained HFZ in Previous 180 days	USAF Academy Candidate Fitness Assessment			
CHARACTER	Cadet Wingman Course	Participate in 1 Activity	Participate in 1 Activity	No Requirement	Participate in 1 Activity	Participate in 1 Activity	Participate in 1 Activity	Participate in 1 Activity	Participate in 1 Activity	No Requirement	Participate in 1 Activity	Participate in 1 Activity	Participate in 1 Activity	No Requirement	Participate in 1 Activity	Participate in 1 Activity	Participate in 1 Activity	Participate in 1 Activity	Participate in 1 Activity	Participate in 1 Activity	No Requirement	Essay Exam		
SPECIAL	Cadet Welcome Course Cadet Interactive or class									Graduate Encampment (anytime prior)				No Requirement							Graduate from a Leadership Academy (anytime prior)	NOTE: USAFA & PFT test protocols differ greatly		
PRESIDENTIAL YOUTH FITNESS PROGRAM – HEALTHY FITNESS ZONE (HFZ) STANDARDS																								
Fitness training and acclimation period No CPFT performance standards																								
LEADERSHIP EXPECTATIONS Squadrons provide a feedback meeting using the CAPF 60-90 series forms at least once per Phase																								
ATTITUDE	Displays a positive attitude; optimistic; enthusiastic; is team-oriented				Maintains a positive attitude and encourages good attitudes in others; does not flaunt rank or authority				Conscious of own performance; takes initiative to develop new skills; self-motivated and able to motivate others				Resilient; shows mental discipline in working to achieve long-term goals; welcoming of change; has habit of continual self-improvement				Uses empathy; recognizes how Core Values relate to new and unfamiliar situations; makes sound and timely decisions independently				Articulate; succinct; persuasive; varies message to fit audience; proficient in explaining complex issues			
CORE VALUES	Aware of the Core Values; honest; wears uniform properly; practices customs and courtesies				Displays a commitment to the Core Values; promotes team spirit, professionalism, and good sportsmanship as a team leader				Fair, just, and consistent in dealing with subordinates; exercises good judgment in knowing which matters should be referred up the chain				Writes and speaks clearly; presents ideas logically; wins through persuasion				Articulate; succinct; persuasive; varies message to fit audience; proficient in explaining complex issues				Completes large projects with little supervision; follows and sets a command intent; self-starter			
COMMUNICATION SKILLS	Listens actively; attentive; asks good questions				Proficient in informal public speaking (i.e., in giving directions to and training junior cadets)				Writes and speaks clearly; presents ideas logically; wins through persuasion				Articulate; succinct; persuasive; varies message to fit audience; proficient in explaining complex issues				Completes large projects with little supervision; follows and sets a command intent; self-starter				Actively develops and mentors cadet officers; adapts leadership style to fit situation; calm under pressure			
SENSE OF RESPONSIBILITY	Follows directions; dependable; arrives ready to learn and serve; effective in managing own time				Enforces standards; trustworthy in supervising a small team and leading them in fulfillment of a series of simple tasks; given a plan, is able to carry it out				Given an assignment, takes project from beginning to end; develops goals, plans, standards, and follows through in execution; demonstrates sense of ownership				Completes large projects with little supervision; follows and sets a command intent; self-starter				Actively develops and mentors cadet officers; adapts leadership style to fit situation; calm under pressure				Sets long-term goals for the unit; imaginative and visionary; recognizes unit's long-term needs; mentally agile when faced with unfamiliar problems			
INTERPERSONAL SKILLS	Follows directions; dependable; arrives ready to learn and serve; effective in managing own time				Enforces standards; trustworthy in supervising a small team and leading them in fulfillment of a series of simple tasks; given a plan, is able to carry it out				Guides and coaches junior cadets; recognizes when junior cadets need help; leads by example; is not a "boss"				Actively mentors NCOs; resolves conflicts fairly; criticizes constructively; dissents respectfully when disagreeing with superiors				Sets long-term goals for the unit; imaginative and visionary; recognizes unit's long-term needs; mentally agile when faced with unfamiliar problems				Directs multiple teams and manages multiple tasks; assigns people to right jobs; delegates well and enables others to take charge			
CRITICAL THINKING	Follows directions; dependable; arrives ready to learn and serve; effective in managing own time				Enforces standards; trustworthy in supervising a small team and leading them in fulfillment of a series of simple tasks; given a plan, is able to carry it out				Guides and coaches junior cadets; recognizes when junior cadets need help; leads by example; is not a "boss"				Thinks in advance and plans ahead to meet the unit's short-term needs; imaginative and not tied to old ideas				Directs multiple teams and manages multiple tasks; assigns people to right jobs; delegates well and enables others to take charge							
DELEGATION SKILLS	Follows directions; dependable; arrives ready to learn and serve; effective in managing own time				Enforces standards; trustworthy in supervising a small team and leading them in fulfillment of a series of simple tasks; given a plan, is able to carry it out				Guides and coaches junior cadets; recognizes when junior cadets need help; leads by example; is not a "boss"				Delegates routine tasks effectively and works through NCOs; keeps people informed; makes expectations clear; supervises work of other leaders											
ELIGIBLE DUTY ASSIGNMENTS partial list																								
MINIMUM TIME IN GRADE excluding accelerated promotions for JROTC cadets																								
3-week trial period Example: Dec '22 Cadet joins CAP	Upon joining Jan '23	+ 8 weeks Mar '23	+ 8 weeks May '23	+ 8 weeks Jul '23	+ 8 weeks Sep '23	+ 8 weeks Nov '23	+ 8 weeks Jan '24	+ 8 weeks Mar '24	+ 8 weeks May '24	+ 8 weeks Jul '24	+ 8 weeks Sep '24	+ 8 weeks Nov '24	+ 8 weeks Jan '25	+ 8 weeks Mar '25	+ 8 weeks May '25	+ 8 weeks Jul '25	+ 8 weeks Sep '25	+ 8 weeks Nov '25	+ 8 weeks Jan '26	+ 8 weeks Mar '26	Upon earning Eaker Mar '26	Upon earning Spaatz Mar '26		
6 months to Wright Bros.				18 months to Mitchell				26 months to Earhart				38 mos. to Eaker				38 mos. to Spaatz								

PERSONAL CADET TRACKER

PHASES I & II



TRACK ACCOMPLISHMENTS
SET PERSONAL GOALS
RANK-UP WITH CONFIDENCE

CIVIL AIR PATROL

CAP Visual Aid 60-101a
July 2023

USAF AUXILIARY

Sept 2021 edition remains usable



PERSONAL CADET TRACKER

PHASE I

Achievement 1
Major General John F. Curry

Eligibility Requirements	Completed
Leadership - Task 1 L2L Ch. 1 Open-Book Test or Cadet Interactive	
Leadership - Task 2 Drill & Ceremonies Performance Test	
Aerospace No Requirement	N/A
Fitness Attempt CPFT to set a baseline	
Character Cadet Wingman Course	
Special Requirement ▶ Do this task first: Cadet Welcome Course	
Honor Credit	<input type="checkbox"/> Yes <input type="checkbox"/> No
Goal Date	
Promotion Effective Date	

Achievement 2
General of the Air Forces Hap Arnold

Eligibility Requirements	Completed
Leadership - Task 1 L2L Ch. 2 Open-Book Test or Cadet Interactive	
Leadership - Task 2 Drill & Ceremonies Performance Test	
Aerospace Dimensions (Any Module) Open-Book Test or Cadet Interactive	
Fitness 1 Activity & Attempted CPFT < 180 Days	
Character 1 Monthly Forum	
Special Requirement Properly Wear the Uniform	
Honor Credit	<input type="checkbox"/> Yes <input type="checkbox"/> No
Goal Date	
Promotion Effective Date	

Achievement 3
Colonel Mary Feik

Eligibility Requirements	Completed
Leadership - Task 1 L2L Ch. 3 Open-Book Test or Cadet Interactive	
Leadership - Task 2 Drill & Ceremonies Performance Test	
Aerospace Dimensions (Any Module) Open-Book Test or Cadet Interactive	
Fitness 1 Activity & Attempted CPFT < 180 Days	
Character 1 Monthly Forum	
Special Requirement None	N/A
Honor Credit	<input type="checkbox"/> Yes <input type="checkbox"/> No
Goal Date	
Promotion Effective Date	

Wright Brothers Award

Eligibility Requirements	Completed
Leadership - Task 1 L2L Chapters 1-3 Closed-Book Exam	
Leadership - Task 2 Comprehensive D&C Performance Test	
Aerospace No Requirement	N/A
Fitness 1 Activity & Attained HFZ < 180 Days	
Character No Requirement	N/A
Special Requirement None	N/A
Honor Credit	
Goal Date	
Promotion Effective Date	

PHASE II

Achievement 4
Captain Eddie Rickenbacker

Eligibility Requirements	Completed
Leadership - Task 1 L2L Ch. 4 Open-Book Test or Cadet Interactive	
Leadership - Task 2 Drill & Ceremonies Performance Test	
Aerospace Dimensions (Any Module) Open-Book Test or Cadet Interactive	
Fitness 1 Activity & Attained HFZ < 180 Days	
Character 1 Monthly Forum	
Special Requirement None	N/A
Honor Credit	<input type="checkbox"/> Yes <input type="checkbox"/> No
Goal Date	
Promotion Effective Date	

Achievement 5

Eligibility Requirements	Completed
Leadership - Task 1 L2L Ch. 5 Open-Book Test or Cadet Interactive	
Leadership - Task 2 Drill & Ceremonies Performance Test	
Aerospace Dimensions (Any Module) Open-Book Test or Cadet Interactive	
Fitness 1 Activity & Attained HFZ < 180 Days	
Character 1 Monthly Forum	
Special Requirement None	N/A
Honor Credit	<input type="checkbox"/> Yes <input type="checkbox"/> No
Goal Date	
Promotion Effective Date	

Achievement 6
General Jimmy Doolittle

Eligibility Requirements	Completed
Leadership - Task 1 L2L Ch. 6 Open-Book Test or Cadet Interactive	
Leadership - Task 2 Drill & Ceremonies Performance Test	
Aerospace Dimensions (Any Module) Open-Book Test or Cadet Interactive	
Fitness 1 Activity & Attained HFZ < 180 Days	
Character 1 Monthly Forum	
Special Requirement None	N/A
Honor Credit	<input type="checkbox"/> Yes <input type="checkbox"/> No
Goal Date	
Promotion Effective Date	

Achievement 7
Dr. Robert H. Goddard

Eligibility Requirements	Completed
Leadership - Task 1 L2L Ch. 7 Open-Book Test or Cadet Interactive	
Leadership - Task 2 Drill & Ceremonies Performance Test	
Aerospace Dimensions (Any Module) Open-Book Test or Cadet Interactive	
Fitness 1 Activity & Attained HFZ < 180 Days	
Character 1 Monthly Forum	
Special Requirement None	N/A
Honor Credit	<input type="checkbox"/> Yes <input type="checkbox"/> No
Goal Date	
Promotion Effective Date	

Achievement 8
Neil Armstrong

Eligibility Requirements	Completed
Leadership - Task 1 L2L Ch. 8 Open-Book Test or Cadet Interactive	
Leadership - Task 2 Drill & Ceremonies Performance Test	
Aerospace Dimensions (Any Module) Open-Book Test or Cadet Interactive	
Fitness 1 Activity & Attained HFZ < 180 Days	
Character 1 Monthly Forum	
Special Requirement Leadership: Speech & Essay	
Honor Credit	<input type="checkbox"/> Yes <input type="checkbox"/> No
Goal Date	
Promotion Effective Date	

Brigadier General Billy Mitchell Award

Eligibility Requirements	Completed
Leadership - Task 1 L2L Ch. 4-8 Comprehensive Closed-Book Exam	
Leadership - Task 2 None	N/A
Aerospace Dimensions (Modules 1-7) Comprehensive Closed-Book Exam	
Fitness 1 Activity & Attained HFZ < 180 Days	
Character 1 Monthly Forum	N/A
Special Requirement Graduate from Encampment	
Honor Credit	
Goal Date	
Promotion Effective Date	

ORIENTATION FLIGHTS

Glider	Date	Powered	Date	Balloon	Date
1. Preflight & Take-Off		1. Take-Off & Landing		1. Basic Concepts	
2. Normal Maneuvers		2. Normal Maneuvers		2. Level Flight Maneuvers	
3. Advanced Maneuvers		3. Advanced Maneuvers		3. Flight Controls	
4. Instruments in Soaring		4. Instruments in Flight		4. Navigation	
5. Weather		5. Weather		5. Take-Off & Landing	

ENCAMPMENT PLAN

Location	Dates	Tuition	Application Deadline	Duty Assignment
1.				
2.				
3.				

AEROSPACE DIMENSIONS

During Phases I & II, complete the 7 modules in any order, recording completion below.

No.	Title	Date Completed	Ach. No.
1.	Introduction to Flight		
2.	Aircraft & Airports		
3.	Air Environment		
4.	Rockets		
5.	Space Environment		
6.	Spacecraft		
7.	Cyber Defense		

NEXT STEP

Watch the mail for your Cadet Officer Kit to arrive within 3 weeks of your earning the Mitchell Award. It will include the *Personal Cadet Tracker* for Phases III and IV, plus new leadership and aerospace textbooks.