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## CIVIL AIR PATROL CADET SUPER CHART

The only updates for this edition concern CAP branding. The October 2021 edition remains usable.

This document is available as a 2' x 3' poster via eServices. For self-printing on two letter-size sheets, see GoCivilAirPatrol.com/Library. See a web-based version of this chart at GoCivilAirPatrol.com/Ranks

	U.S. AIR FO	ORCE AUXIL	IARY	U								A II				For full details on all	requirements shown he	CivilAirPatrol.com/Rank ere, see CAPR 60-1, ch. 5			
		PHASE	Į.				PHA	SE II				PHAS	E III				PHA	SEIV			GENERAL CARI
CADETS ART HERE	ACHIEVEMENT 1	ACHIEVEMENT 2	ACHIEVEMENT 3	WRIGHT BROS.	ACHIEVEMENT 4	ACHIEVEMENT <b>5</b>	ACHIEVEMENT <b>6</b>	ACHIEVEMENT <b>7</b>	ACHIEVEMENT 8	BILLY MITCHELL AWARD	ACHIEVEMENT <b>9</b>	ACHIEVEMENT 10	ACHIEVEMENT 11	AMELIA EARHART AWARD	ACHIEVEMENT 12	ACHIEVEMENT 13	ACHIEVEMENT 14	ACHIEVEMENT 15	ACHIEVEMENT 16	IRA EAKER AWARD	SPAAT AWAR
Ve cadets must ree meetings			-	A			N. C.	6	12	(3)		10			3.			2			
commander their member-	2 0		125	201			2500	195	La.											8 72 7	
cation. Training tht away using at Start. The	- 101	19/2/3	4					9										Y			(i) 1/5
elcome Course e completed as practical after	MAJOR GENERAL	GENERAL & AIR FORCE HAP ARNOLD	COLONEL MARY FEIK	ORVILLE & WILBUR WRIGHT	CAPTAIN EDDIE RICKENBACKER		GENERAL JIMMY DOOLITTLE	DR. ROBERT H. GODDARD	NEIL ARMSTRONG	BRIGADIER GENERAL BILLY MITCHELL		1ST LT WILLA BROWN		AMELIA EARHART			COLONEL GEORGE BOYD	DR. SALLY RIDE		GENERAL IRA C. EAKER	GENERAL CARL A. SPA
out two weeks	First National Commander of the Civil Air Patrol and a strong advocate for	of U.S. Army Air Forces during World War II	aviation mechanics and engineering, and proud	sustained, heavier-than-	America's "Ace of Aces" during World War I; he wanted CAP cadets to	reserved for a future	the World War II air raid	Rocketry" and developer	the Moon, aboard Apollo 11 on July 20, 1969 - "One		reserved for a future	"Maker of Pilots" and CAP volunteer, her flight school trained the first African-	Reserved for a future aerospace pioneer	Record-setting female pilot and writer whom was lost while attempting to	Currently not named; reserved for a future aerospace pioneer	Currently not named; reserved for a future aerospace pioneer		US woman in space who later became a champion	reserved for a future	Army Air Forces general and advocate of strategic bombardment during	First Chief of Stat United States Air and first Chairma
	GNIA, & AWARD		CAP volunteer	air flight	know him as "Eddie"		on Tokyo	rocket	giant leap for mankind"	could sink ships		American military pilots		fly around the world			three wars, CAP volunteer	of science literacy		World War II	CAP National Bo
CADET MAN BASIC	CADET AIRMAN	CADET AIRMAN FIRST CLASS	CADET SENIOR AIRMAN	CADET STAFF SERGEANT	CADET TECHNICAL SERGEANT	CADET MASTER SERGEANT	CADET SENIOR MASTER SERGEANT	CADET CHIEF MASTER SERGEAN	CADET CHIEF T MASTER SERGEAN	CADET SECOND T LIEUTENANT	CADET SECOND LIEUTENANT	CADET FIRST LIEUTENANT	CADET FIRST LIEUTENANT	CADET CAPTAIN	CADET CAPTAIN	CADET CAPTAIN	CADET MAJOR	CADET MAJOR	CADET MAJOR	CADET LIEUTENANT COLONEL	CADET
	Eligible for the Curry Uniform Voucher upon promotion to C/Amn				We desired them					Eligible for scholarships, Cadet Officer School and Civic Leadership Academy, eligible for E-3 in the USAF, eligible for promotion to	3 E. V. S. C. C. C. S. C. S. C.			Eligible for the International Air Cadet Exchange; eligible for promotion to 1st Lt at age 21	55-201 (5.5775)		•	•		A A	Eligible for promotion to at age 21
	5									2d Lt as a senior member at age 21.		00									1
	- din	Adby	alb								No Ribbon Awarded	No Ribbon Awarded	No Ribbon Awarded		No Ribbon Awarded	No Ribbon Awarded	No Ribbon Awarded	No Ribbon Awarded	No Ribbon Awarded	, v	, v
MOTION	ELIGIBILITY RE	UIIDEMENTS									10 A QUARTES C 10 A A A A A A A A A A A A A A A A A A				289.50.00.00.00.00.00.00.00						Ш
ERSHIP	Learn to Lead ch. 1	Learn to Lead ch. 2		Learn to Lead ch. 1-3						Learn to Lead ch. 4-8		Learn to Lead ch. 10		Learn to Lead ch. 9-11			Learn to Lead ch. 14			Speech &	Learn to Lead
	or Open-Book Test	a company to the contract of t	or Open-Book Test		or Open-Book Test	or Open-Book Test	or Open-Book Test	markhana a samer	eren enabled second on a resultance	Closed-Book Exam	Cadet Interactive or Open-Book Test	Cadet Interactive or Open-Book Test	Cadet Interactive or Open-Book Test	Comprehensive Closed-Book Exam	Open-Book Test  SDA Service, Writing	Open-Book Test  SDA Service, Writing	Open-Book Test  SDA Service, Writing	Open-Book Test  SDA Service, Writing	Open-Book Test  SDA Service, Writing	Essay	Compreher Closed-Book
	Drill & Ceremonies Performance Test	Drill & Ceremonies Performance Test	Drill & Ceremonies Performance Test	Comprehensive Drill & Ceremonies Performance Test	Drill & Ceremonies Performance Test	Drill & Ceremonies Performance Test	Drill & Ceremonies Performance Test		Drill & Ceremonies Performance Test Speech & Essay		SDA Service, Writing & Presentation	SDA Service, Writing & Presentation	SDA Service, Writing & Presentation	L	& Presentation	& Presentation	& Presentation	& Presentation	& Presentation		
OSPACE	No Requirement	Aerospace Dimensions		s No Requirement					s Aerospace Dimension	s Aerospace Dimensions	Aerospace:	Aerospace:	Aerospace:	No Requirement	No Requirement	No Requirement	Aerospace:	Aerospace:	Aerospace:	No Requirement	Journey of I
		Any Module Cadet Interactive or Open-Book Test	Any Module Cadet Interactive or Open-Book Test		Any Module Cadet Interactive or Open-Book Test	Any Module Cadet Interactive or Open-Book Test	Any Module Cadet Interactive or Open-Book Test	Any Module Cadet Interactive or Open-Book Test	Any Module Cadet Interactive or Open-Book Test	Modules 1-7 Comprehensive Closed-Book Exam	The Journey of Flight 3-Chapter Block Open-Book Test	The Journey of Flight 3-Chapter Block Open-Book Test	The Journey of Flight 3-Chapter Block Open-Book Test		-		The Journey of Flight 3-Chapter Block Open-Book Test	The Journey of Flight 3-Chapter Block Open-Book Test	The Journey of Flight 3-Chapter Block Open-Book Test		All 18 Chap Comprehen Closed-Book
ESS	Attempt CPFT	Participate in	Participate in	Participate in	Participate in	Participate in	Participate in	Participate in	Participate in	Participate in	Participate in	Participate in	Participate in	Participate in	Participate in	Participate in	Participate in	Participate in	Participate in	Participate in	USAF Acad
1233	as a baseline	1 Activity & Have Attempted CPFT in	1 Activity & Have Attempted CPFT in	1 Activity & Have Attained HFZ	1 Activity & Have Attained HFZ	1 Activity & Have Attained HFZ	1 Activity & Have Attained HFZ	1 Activity & Have Attained HFZ	1 Activity & Have Attained HFZ	1 Activity & Have Attained HFZ	1 Activity & Have Attained HFZ	1 Activity & Have Attained HFZ	1 Activity & Have Attained HFZ	1 Activity & Have Attained HFZ	1 Activity & Have Attained HFZ	1 Activity & Have Attained HFZ	1 Activity & Have Attained HFZ	1 Activity & Have Attained HFZ	1 Activity & Have Attained HFZ	1 Activity & Have Attained HFZ	Candidate Fit Assessme
		Previous 180 days	Previous 180 days	in Previous 180 days	in Previous 180 days	in Previous 180 days	in Previous 180 days	in Previous 180 days	in Previous 180 days	in Previous 180 days	in Previous 180 days	in Previous 180 days	in Previous 180 days	in Previous 180 days	in Previous 180 days	in Previous 180 days	in Previous 180 days	in Previous 180 days	in Previous 180 days	in Previous 180 days	
ARACTER	Cadet Wingman Course	Participate in 1 Activity	Participate in 1 Activity	No Requirement	Participate in 1 Activity	Participate in 1 Activity	Participate in 1 Activity	Participate in 1 Activity	Participate in 1 Activity	No Requirement	Participate in 1 Activity	Participate in 1 Activity	Participate in 1 Activity	No Requirement	Participate in 1 Activity	Participate in 1 Activity	Participate in 1 Activity	Participate in 1 Activity	Participate in 1 Activity	No Requirement	Essay Exar
CIAL	Cadet Interactive or class	e			NOTE: Phase II Kit ships to cadet within 3 weeks of earning Wright Bros. Award					Graduate Encampment (anytime prior)	NOTE: Phase III & IV Kit ships to cadet within 3 weeks of earning Mitchell				NOTE: Begin training for Spaatz Fitness Test					Graduate from a Leadership Academy (anytime prior)	
SIDENTIA	AL YOUTH FITNE	ESS PROGRAM	- HEALTHY FIT	NESS ZONE (H	FZ) STANDARDS	S														I man	
		nd acclimation period		AGE 10 1	PACER 1 12 13 14	(20m laps) 4 15 16 1	7 18+ 1	O 11 12 1	1-MILE RUN 3 14 15 1	6 17 18+	10 11 12	CURL-UPS 13 14 15	16 17 18	10 11	PLUS PUS 12 13 14	H-UPS	18+ 10	SIT (	REACH (avg. inches) 14 15 16	17 18+	USAFA CANDIDA FITNESS ASSESS M
	No CPFT perfor	rmance standards		MALE 17 2	20 23 29 36 20 23 25 27	6 42 47 5	50 54 1	1:30 11:10 10:40 9	9:46 9:22 9:04 8 0:20 10:09 9:58 9	8:42 8:22 8:04	12 15 18 12 15 18	21 24 24	900 March 1970		10 12 14 7 7 7	200			8 8 8	8 8	PUSH-UPS 62 MILE RUN 6:29
DERSHIP	EXPECTATIONS	S Squadrons pro	ovide a feedback	meeting using the	e CAPF 60-90 serie	es forms at least	once per Phase														MILE RUN 6:29
TUDE	Displays a positive at	ttitude; optimistic; enth	usiastic; is team-orient	ed	Maintains a positive a	attitude and encourage:	s good attitudes in othe	ers; does not flaunt ran	k or authority		Conscious of own per and able to motivate	formance; takes initiativ	re to develop new skills	s; self-motivated	Resilient; shows ment	tal discipline in workin	g to achieve long-term	goals; welcoming of cha	nge; has habit of contin	ual self-improvement	
E VALUES	Aware of the Core Va and courtesies	alues; honest; wears uni	form properly; practice	es customs	Displays a commitment to the Core Values; promotes team spirit, professionalism, and good sportsmanship as a team leader			Fair, just, and consistent in dealing with subordinates; exercises good judgment in knowing which matters should be referred up the chain			Uses empathy; recogn	ses empathy; recognizes how Core Values relate to new and unfamiliar situations; makes sound and timely decisions independently									
IMUNICATION	Listens actively; atter	ntive; asks good questic	ons		Proficient in informal public speaking (i.e., in giving directions to and training junior cadets)			Writes and speaks clearly; presents ideas logically; wins through persuasion			Articulate; succinct; persuasive; varies message to fit audience; proficient in explaining complex issues										
SE OF	Company of the American	ependable; arrives read	y to learn and serve; ef	fective in managing	Enforces standards; trustworthy in supervising a small team and leading them in fulfillment of a series of simple tasks; given a plan,						Completes large proje	mpletes large projects with little supervision; follows and sets a command intent; self-starter									
SPONSIBILITY ERPERSONAL	own time				is able to carry it out  Guides and coaches junior cadets; recognizes when junior cadets need help; leads by example; is not a "boss"						Actively develops and	tively develops and mentors cadet officers; adapts leadership style to fit situation; calm under pressure									
LLS TICAL								respectively when disagreeing with superiors  Thinks in advance and plans ahead to meet the unit's short-term needs; imaginative  Sets long-term go.			Sets long-term goals	long-term goals for the unit; imaginative and visionary; recognizes unit's long-term needs; mentally agile when faced with unfamiliar problems									
NKING											and not tied to old ide				Propertion In the Author	ober the manifest of the same	ordina di Modifici e e secto	to right jobs; delegates	The It Is another a Processor		
GATION LS												lear; supervises work of		people informed,	Directs multiple team	is and manages multip	ile tasks, assigns people	e to right jobs, delegates	well and enables other:	s to take charge	
IBLE DU	TY ASSIGNMEN	interest taken mes	CADET ELEME	ENT LEADER																	
				•		CADET FLIGHT S	CADET FIR	ST SERGEANT		CADET FLIGHT COMMA	NDER										
										**************************************					CADET DEPUTY	COMMANDER -					
IIMUM TII	ME IN GRADE ex	xcluding accelerat	ted promotions fo	or JROTC cadets																	
																					Upon earning I



# PERSONAL CADET TRACKER

PHASES I & II



TRACK **ACCOMPLISHMENTS** 

SET PERSONAL GOALS

RANK-UP WITH CONFIDENCE

CAP Visual Aid 60-101a **CIVIL AIR PATROL** July 2023

Sept 2021 edition remains usable

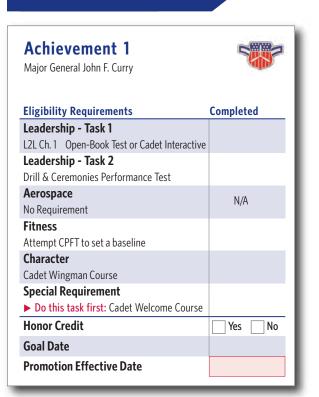


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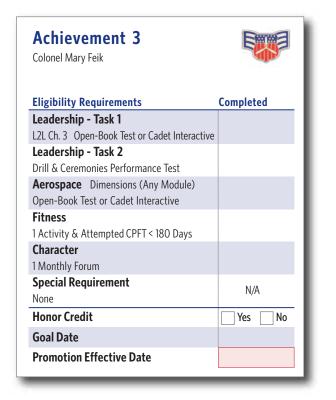


## PERSONAL CADET TRACKER

#### **PHASE I**

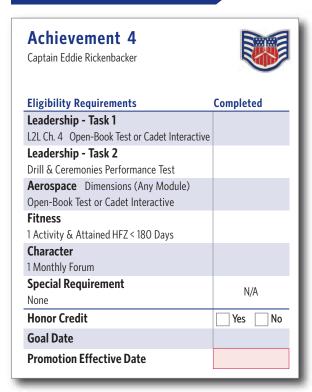


Achievement 2	
General of the Air Forces Hap Arnold	AID
Eligibility Requirements	Completed
Leadership - Task 1	
L2L Ch. 2 Open-Book Test or Cadet Interactive	
Leadership - Task 2	
Drill & Ceremonies Performance Test	
Aerospace Dimensions (Any Module)	
Open-Book Test or Cadet Interactive	
Fitness	
1 Activity & Attempted CPFT < 180 Days	
Character	
1 Monthly Forum	
Special Requirement	
Properly Wear the Uniform	
Honor Credit	Yes No
Goal Date	
Promotion Effective Date	



Wright Brothers Award	
Eligibility Requirements	Completed
Leadership - Task 1	
L2L Chapters 1-3 Closed-Book Exam	
Leadership - Task 2	
Comprehensive D&C Performance Test	
Aerospace	AL /A
No Requirement	N/A
Fitness	
1 Activity & Attained HFZ < 180 Days	
Character	N/A
No Requirement	N/A
Special Requirement	N/A
None	IN/A
Honor Credit	
Goal Date	
Promotion Effective Date	

### PHASE II





Achievement 6	
General Jimmy Doolittle	
Eligibility Requirements	Completed
Leadership - Task 1	
L2L Ch. 6 Open-Book Test or Cadet Interactive	
Leadership - Task 2	
Drill & Ceremonies Performance Test	
Aerospace Dimensions (Any Module)	
Open-Book Test or Cadet Interactive	
Fitness	
1 Activity & Attained HFZ < 180 Days	
Character	
1 Monthly Forum	
Special Requirement	N/A
None	14/1
Honor Credit	Yes No
Goal Date	
Promotion Effective Date	

Eligibility Requirements	Completed
Leadership - Task 1	
L2L Ch. 7 Open-Book Test or Cadet Interactive	
Leadership - Task 2	
Drill & Ceremonies Performance Test	
Aerospace Dimensions (Any Module)	
Open-Book Test or Cadet Interactive	
Fitness	
1 Activity & Attained HFZ < 180 Days	
Character	
1 Monthly Forum	
Special Requirement	N/A
None	14//
Honor Credit	Yes No
Goal Date	
Promotion Effective Date	

Achievement 8 Neil Armstrong	
Eligibility Requirements	Completed
Leadership - Task 1	
L2L Ch. 8 Open-Book Test or Cadet Interactive	
Leadership - Task 2	
Drill & Ceremonies Performance Test	
Aerospace Dimensions (Any Module)	
Open-Book Test or Cadet Interactive	
Fitness	
1 Activity & Attained HFZ < 180 Days	
Character	
1 Monthly Forum	
Special Requirement	
Leadership: Speech & Essay	
Honor Credit	Yes No
Goal Date	
<b>Promotion Effective Date</b>	

Brigadier General Billy Mitchell Award	
Eligibility Requirements	Completed
Leadership - Task 1	
L2L Ch. 4-8 Comprehensive Closed-Book Exam	
Leadership - Task 2	N/A
None	,
<b>Aerospace</b> Dimensions (Modules 1-7)	
Comprehensive Closed-Book Exam	
Fitness	
1 Activity & Attained HFZ < 180 Days	
Character	N/A
Special Requirement	
Graduate from Encampment	
Honor Credit	
Goal Date	
Promotion Effective Date	

#### CADET NAME CAPID UNIT CHARTER NUMBER

#### **ORIENTATION FLIGHTS**

Glider	Date	Powered	Date	Balloon	Date
1. Preflight & Take-Off		1. Take-Off & Landing		1. Basic Concepts	
2. Normal Maneuvers		2. Normal Maneuvers		2. Level Flight Maneuvers	
3. Advanced Maneuvers		3. Advanced Maneuvers		3. Flight Controls	
4. Instruments in Soaring		4. Instruments in Flight		4. Navigation	
5. Weather		5. Weather		5. Take-Off & Landing	

#### **ENCAMPMENT PLAN**

Location	Dates	Tuition	Application Deadline	Duty Assignment
1.				
2.				
3.				

#### **AEROSPACE DIMENSIONS**

During Phases I & II, complete the 7 modules in any order, recording completion below.

Title	Date Completed	Ach. No.
Introduction to Flight		
Aircraft & Airports		
Air Environment		
Rockets		
Space Environment		
Spacecraft		
Cyber Defense		
	Introduction to Flight Aircraft & Airports Air Environment Rockets Space Environment Spacecraft	Title Completed Introduction to Flight Aircraft & Airports Air Environment Rockets Space Environment Spacecraft

#### **NEXT STEP**

Watch the mail for your Cadet Officer Kit to arrive within 3 weeks of your earning the Mitchell Award. It will include the *Personal Cadet Tracker* for Phases III and IV, plus new leadership and aerospace textbooks.

