



OFFICE OF THE NATIONAL COMMANDER  
CIVIL AIR PATROL  
UNITED STATES AIR FORCE AUXILIARY  
MAXWELL AIR FORCE BASE, ALABAMA 36112-5967

25 January 2016

MEMORANDUM FOR ALL CAP UNIT COMMANDERS

FROM: CAP/CC

SUBJECT: Interim Change Letter – CAPR 52-16, *Cadet Program Management*

1. The Cadet Fitness Program is currently [undergoing revision](#) to modernize and align with the latest, evidence-based practices in youth fitness. NHQ has authorized a limited beta test of the new fitness program, modifying cadet promotion requirements in CAPR 52-16, 5-7. Units who volunteer to participate in the Active Cadet Fitness Program beta test, and register with NHQ, are authorized to conduct the fitness program as outlined in the December 2015 draft CAPP 52-18, *Cadet Physical Fitness Program*. Cadets in participating units who meet the beta test performance standards will be considered to meet the promotion requirements in CAPR 52-16 and may continue their cadet advancement.

2. For units registered to participate in the fitness beta test only, CAPR 52-16 is changed as follows:

Section 5-7. **Physical Fitness.** Units registered to participate in the fitness beta test will operate their fitness program under the guidance of the draft CAPP 52-18, *Cadet Physical Fitness Program*, with the exception of Spatz Award testing.

3. The intent of this change is to allow for a full test of the proposed fitness program to identify best practices and solve problems before the nationwide rollout in Summer 2016. If you have any comments or concerns, contact the National Cadet Team, [cadets@capnhq.gov](mailto:cadets@capnhq.gov).

4. This interim change letter will expire 01 July 2016.

A handwritten signature in black ink, appearing to read "Joseph R. Vazquez".

MAJ GEN JOSEPH R. VAZQUEZ, CAP  
CAP National Commander